

October 11, 2016

Dear LPMS Parents and Guardians:

The Pauling Pride school garden program is getting underway this spring! Michaela Shannon, a garden educator with the Healthy Youth Program at the Linus Pauling Institute at OSU, will be the volunteer coordinating and supervising use of the garden with LPMS students. XLT students will again have the opportunity to participate in the garden on a weekly basis. Ms.Shannon will coordinate these times with LPMS teachers and staff.

Participation involves:

- Propagating seeds
- Taking care of plants in the greenhouse
- Transplanting starts
- Mapping out the garden's planting beds
- Working in the garden (weeding, digging, mulching, composting)
- Planting the garden
- Recording progress and plantings in a Garden Log Book
- Setting up and helping with garden tastings
- Appropriate use of gardening gloves and gardening tools (hand shovel, hoe and rake, and standard shovel, hoe, and rake)

Your child will learn:

- Sustainable and organic gardening
- How to grow their own vegetables, and the concept of "Soil to Seed to Plate"
- The benefits of composting
- How to prepare what they grow
- Nutritional benefits of growing your own food
- Hunger and food needs in Oregon (through donations to local food banks)
- Plant propagation from seeds, stems, and roots LPMS

LPMS is a great place to grow with lessons from the garden!

Sincerely,

Alicia Ward Satey
LPMS Principal

Parent/Guardian permission to participate (please complete and return to the LPMS Office):

Yes, my child ————— may participate in the LPMS school garden program during his/her Pride and/or XLT classes.

Parent/Guardian signature: ————— Date: _____